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ace_cub_reportr



• November 2012

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ace cub reportr

16 April 2010 @ 01:21 pm

Things I am not doing this year:

- 1) Push ups. It's almost creepy.
- 2) Spending two weeks living on Knox gelatin and hard-boiled eggs.
- 3) Spending *any* time in the steam room.

Yeah.

It's good to be a hired gun.

Current Mood: PT can bite me

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in a cat suit

at suit o standuponit on April 16th, 2010 05:24 pm (UTC)

You know what's awesome?

175 in my socks this morning, baby. BEFORE breakfast. This is the first time ever when I have not been pushing water all morning and standing on the scale trying not to potty-dance.

(Reply) (Thread) (Link)

<u>otrollcatz</u> on April 16th, 2010 05:27 pm (UTC)

I hate you both.

Because Platypus and I tip the scale at *exactly* the same weight.

Which for me is six pounds over.



standuponit on April 16th, 2010 05:27 pm (UTC)

I'm not surprised.

I've seen your guns.

eyebrowwaggle

(Reply) (Parent) (Thread) (Link)



trollcatz on April 16th, 2010 05:28 pm (UTC)

Wanna see 'em up close and personal?

(Reply) (Parent) (Thread) (Link)



standuponit on April 16th, 2010 05:29 pm (UTC)

Bah. Let's go get a milkshake.

I bet the Cowboy has to test out, too. And Dad has been positively bitchy all week.

Dad on low blood sugar? Sooooo not fun to be around.

(Reply) (Parent) (Thread) (Link)



<u>trollcatz</u> on April 17th, 2010 02:04 am (UTC)

I wouldn't think Dad would have a problem. He's got that wardrobe he doesn't want to grow out of. *g*

(Reply) (Parent) (Thread) (Link)



<u>Qace_cub_reportr</u> on April 17th, 2010 02:21 am (UTC)

It doesn't look cheap.

(Reply) (Parent) (Thread) (Link)



<u>Q fidelioscabinet</u> on April 16th, 2010 10:51 pm (UTC)

People who pack muscle on easily always have this problem. I've known more than one person in the military who had that issue, and I suspect there are very few firefighters who do not--and when my landlady's daughter was working as an EMT, she did--at 5'3"!

Several years ago I read an article suggesting that most of the top female tennis players grossly underreported their weights for public consumption--because what sounds like a fashionable weight and what's an effective working weight are two different things. I say Screw that whole "six pounds over"--weight/BMI is most of teh ways we use it.

(Reply) (Parent) (Thread) (Link)



standuponit on April 16th, 2010 11:01 pm (UTC)

The government decides what we get to weigh if they're going to continue to employ us. I'm always ounces from being under; she's always over.

She can test out, though.

I have to eat a huge breakfast.

I am, yes, eight inches taller.

(Reply) (Parent) (Thread) (Link)

☐ fidelioscabinet on April 16th, 2010 11:19 pm (UTC)

I got that, the gummint decides, just as for my old acquaintances in the army. It's just that weight/height alone is such a crappy measure. It took a while for the army to get firmly behind checking body fat percentages--I knew one guy who was 6'6", with biceps greater in diameter than my thighs and abs worthy of a soft-core porn fashion shoot, who was threatened with the fat-boy program. He probably had some fat in the palms of his hands and the soles of his feet and in his earlobes...

(Reply) (Parent) (Thread) (Link)

standuponit on April 16th, 2010 11:22 pm (UTC)

The good news is, Uncle Sam gives us better weight ranges than the army gets.

The bad news is, they give us a hella more stringent test-out.

(Reply) (Parent) (Thread) (Link)

Qace_cub_reportr on April 16th, 2010 11:31 pm (UTC)
By this time next year, I won't be able to button my pants.

(Reply) (Parent) (Thread) (Link)

<u>o trollcatz</u> on April 17th, 2010 12:56 am (UTC) You're gloating! GLOATING!!!

(Reply) (Parent) (Thread) (Link)

<u>Q</u> <u>eljefe</u> on April 17th, 2010 01:45 am (UTC) At least he is still wearing pants.

(Reply) (Parent) (Thread) (Link)

<u>trollcatz</u> on April 17th, 2010 02:01 am (UTC)
AGGGHHH! DON'T GIVE HIM ANY HELP!

...That's it. I'm opening a bheer.

(Reply) (Parent) (Thread) (Link)

What you lose on the swings you make up on the roundabouts.

(<u>Reply</u>) (<u>Parent</u>) (<u>Thread</u>) (<u>Link</u>)

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